SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	JVAL									
OMB Number:	3235-0287									
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1. Name and Address of Reporting Person* SCHMITT KAREN (Last) (First) (Middle) C/O MAIDEN REINSURNACE COMPANY 6000 MIDATLANTIC DRIVE		(Middle) CE COMPANY	2. Issuer Name and Ticker or Trading Symbol <u>Maiden Holdings, Ltd.</u> [MHLD] 3. Date of Earliest Transaction (Month/Day/Year) 08/12/2010		tionship of Reporting Pe x all applicable) Director Officer (give title below) See Rema	10% Owner Other (specify below)
(Street) MOUNT LAUREL (City)	NJ (State)	08054 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	ridual or Joint/Group Filir Form filed by One Rep Form filed by More that Person	porting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		ransaction ode (Instr. 5))		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code V		Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Shares	08/12/2010		Р		1,192	A	\$7	46,442	D	
Common Shares	08/16/2010		Р		3,808	A	\$7.22	50,250	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of	ired r osed) 7.3,4	6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Options (right to buy)	\$3.28							(1)	11/12/2018	Common Shares	25,000		0	D	
Options (right to buy)	\$4.45							(1)	02/24/2019	Common Shares	75,000		0	D	
Options (right to buy)	\$7.25							(1)	03/04/2020	Common Shares	50,000		0	D	

Explanation of Responses:

1. The Stock Options were granted pursuant to the 2007 Share Incentive Plan and will vest 25% on the one year anniversary of grant, and 6.25% each quarter thereafter.

Remarks:

PRESIDENT, MAIDEN REINSURANCE COMPANY and MAIDEN SPECIALTY INSURANCE COMPANY

<u>/s/ Karen Schmitt</u>

08/16/2010

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.